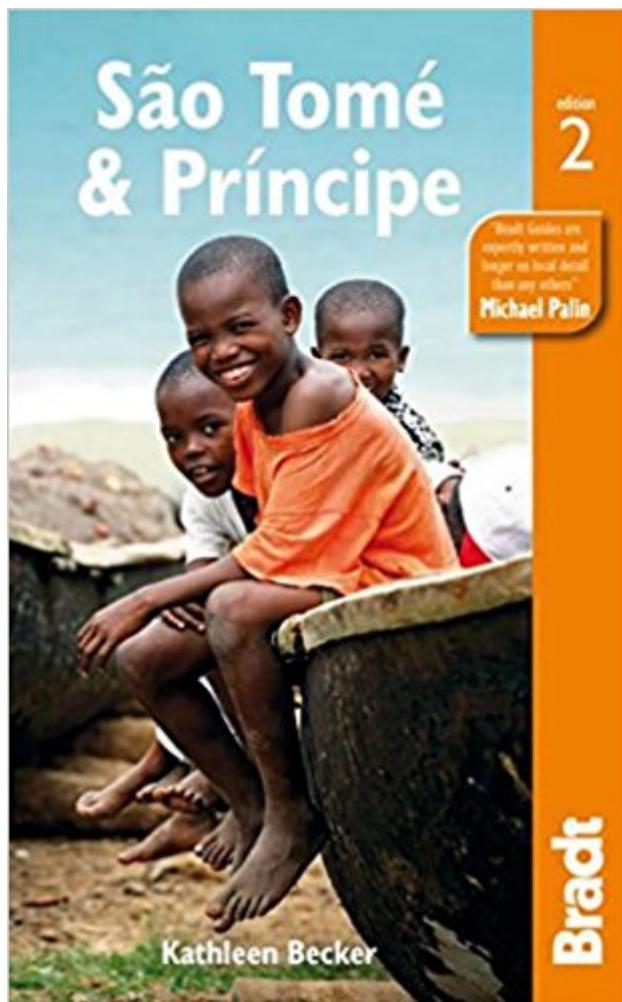


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Sao Tome & Principe (Bradt Travel Guides)



Synopsis

Marooned off the coast of Gabon, the volcanic islands of São Tomé & Príncipe are a largely undiscovered, uniquely rewarding and safe destination with an exciting blend of African, Portuguese and Caribbean cultures. Explore secluded beaches and colonial plantation houses; spot endemic rainforest birds and learn about medicinal plants; scale the Pico and dive in toasty waters; taste the world's best chocolate; watch turtles hatching and get into the laid-back, 'Içôve-Içôve' Santomean groove. This remains the only dedicated guide to this island paradise.

Book Information

Series: Bradt Travel Guides

Paperback: 272 pages

Publisher: Bradt Travel Guides; Second Edition edition (September 16, 2014)

Language: English

ISBN-10: 1841624861

ISBN-13: 978-1841624860

Product Dimensions: 5.5 x 0.5 x 8.5 inches

Shipping Weight: 10.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 2 customer reviews

Best Sellers Rank: #467,250 in Books (See Top 100 in Books) #1 in Books > Travel > Africa > São Tome and Príncipe #353 in Books > Travel > Africa > General

Customer Reviews

Observe endemic birds at Obô National Park. Scramble up the Pico de São Tomé. Check out the colonial architecture and cool culture of São Tomé city. Lounge upon picturesque Banana Beach. Taste single-estate chocolate from the 'Cocoa Islands'. Lying just off the western coast of Africa, the diminutive islands of São Tomé and Príncipe remain unspoilt by mass tourism, making the former Portuguese colony the perfect place for adventure. Immerse yourself in local culture as you explore deserted white-sand beaches, misty rainforests, and crumbling plantations. Bradt's São Tomé and Príncipe is the only stand-alone guide to the islands. In this comprehensively updated second edition, Kathleen Becker provides priceless insider information leading you to hiking trails that meander past thundering waterfalls, to the very best spots for diving or turtle watching, and to a wide range of accommodation and restaurant choices to suit all budgets.

Author Kathleen Becker combines her infectious enthusiasm and her considerable experience to reveal the delights of Sao Tomé and Príncipe, the antithesis of a mass-market destination.

Absolutely the best guide ever written. Complete and exhaustive, rich in both practical informations and curious facts: you can literally find anything you need here. And writing's style is ironic and fresh, very pleasant to read.

My respect to the author of this guidebook. The guidebook covers E-V-E-R-Y-T-H-I-N-G there is to know about Sao Tomé and Príncipe: from logistics, lodging and eating to sightseeing; from culture to the good, the bad and the ugly. There is even a chapter about buying property, so this tells you how thorough it is. Even though it has few pictures, the author has the power, with her writing, to "transport" you to each island. I visited Sao Tomé and Rolas island last year using this guidebook, and the only surprise what that of visiting an off the beaten path destination that felt unaware of modern times.

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